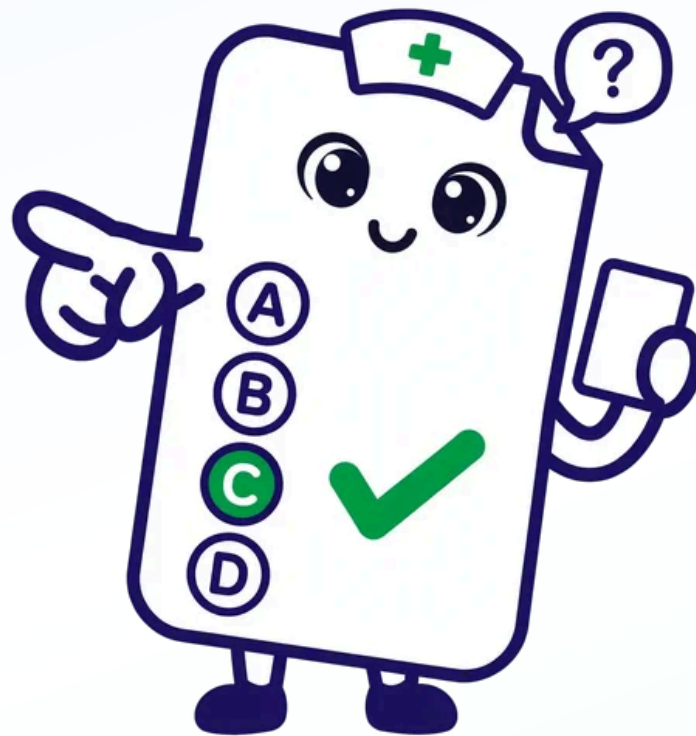




TestUstad.com

# LHV and Midwife Test Preparation Book 2026

A full model paper in the real LHV Test pattern, with answer key



100 MCQs

Real LHV Test subject split

Answer key + online explanations

## How to use this book

1. Sit each model paper in one go, in 120 minutes, with a pen and the answer sheet of your choice.
2. Mark yourself with the answer key at the back.
3. Every answer in the key is a link. Tap it to read why that option is right on TestUstad, free.

### Want this paper timed and graded for you?

Practise every LHV Test subject free, chapter by chapter, at [testustad.com/exams/lhv-midwife-test](https://testustad.com/exams/lhv-midwife-test)

## What is in this book

100 MCQs across one paper, each drawn in the same subject split as the real LHV Test paper:

- Midwifery and Obstetric Nursing: 35 MCQs per paper
- Community Health Nursing: 20 MCQs per paper
- Paediatric Nursing: 15 MCQs per paper
- Fundamentals of Nursing: 10 MCQs per paper
- English: 5 MCQs per paper
- General Knowledge: 5 MCQs per paper
- Pakistan Studies: 4 MCQs per paper
- Pakistan Current Affairs: 3 MCQs per paper
- Islamic Studies: 2 MCQs per paper
- Computer Science and IT: 1 MCQs per paper



MODEL PAPER 1 OF 1

# LHV and Midwife Test

100 MCQs · 120 minutes · answer key at the back



## Midwifery and Obstetric Nursing

35 MCQs

**1. A vaginal examination shows that the fetal spine lies parallel to the mother's spine. How is this fetal lie described?**

- ☐ A Longitudinal lie
- ☐ B Transverse lie
- ☐ C Oblique lie
- ☐ D Unstable lie

**2. A mother has flat or inverted nipples and is worried that her newborn cannot breastfeed. Which nursing intervention is most appropriate?**

- ☐ A Help the newborn achieve a deep latch with as much areola as possible in the mouth
- ☐ B Tell the mother to scrub the nipples firmly before every feed
- ☐ C Advise routine separation of the newborn until the nipples protrude
- ☐ D Recommend stopping breastfeeding and giving formula until healing occurs

**3. A couple asks what happens to the uterine lining during the menstrual phase. Which response is most accurate?**

- ☐ A The functional layer is shed
- ☐ B The basal layer is completely destroyed
- ☐ C The myometrium changes into decidua
- ☐ D The cervix becomes the placenta

**4. A pregnant woman asks why her urine is tested during antenatal visits. Which explanation is most accurate?**

- ☐ A It detects every sexually transmitted infection
- ☐ B It can help identify protein or glucose abnormalities
- ☐ C It confirms the exact gestational age of the fetus
- ☐ D It measures the strength of uterine contractions

**5. A woman with chronic hypertension is 29 weeks pregnant. Her blood pressure becomes more difficult to control, and she develops new proteinuria and a raised serum creatinine level. Which condition should the nurse suspect?**

- ☐ A Chronic hypertension alone
- ☐ B Superimposed pre-eclampsia
- ☐ C Gestational hypertension
- ☐ D White-coat hypertension

**6. A woman is admitted for a vaginal hysterectomy. Which preoperative action is most appropriate?**

- ☐ A Teach her to avoid coughing after surgery
- ☐ B Confirm consent and document her baseline urinary function
- ☐ C Give a laxative immediately before transfer to theatre
- ☐ D Restrict all oral fluids for 24 hours before surgery

**7. A newborn has a soft, flat anterior fontanelle and is feeding normally. How should the nurse interpret this finding?**

- ☐ A It is an expected normal finding
- ☐ B It indicates severe dehydration
- ☐ C It confirms increased intracranial pressure
- ☐ D It suggests an infected scalp swelling

**8. A woman has had an uncomplicated vaginal birth and requests permanent contraception before discharge. Which principle should guide the nurse's counselling?**

- ☐ A Confirm voluntary informed consent before the procedure
- ☐ B Tell her that sterilisation can be reversed whenever she wishes
- ☐ C Explain that the procedure protects against sexually transmitted infections
- ☐ D Schedule the procedure without further discussion because she has delivered

**9. After childbirth, a woman reports severe perineal pressure and pain. Her uterus is firm, but her pulse is rising and only a small amount of blood is visible vaginally. Which complication should the nurse suspect?**

- ☐ A A concealed genital tract haematoma
- ☐ B A completely contracted uterus
- ☐ C Normal postpartum lochia
- ☐ D Mild bladder distension

**10. A woman in active labour has a distended bladder and the fetal head is descending slowly. What is the most appropriate nursing action?**

- ☐ A Encourage her to empty her bladder
- ☐ B Increase the oxytocin infusion immediately
- ☐ C Ask her to remain flat in bed
- ☐ D Restrict oral fluids until birth

**11. Which statement by a postnatal mother shows correct understanding of breastfeeding frequency for a healthy term newborn?**

- ☐ A I will feed the baby only when my breasts feel full
- ☐ B I will offer breastfeeds about 8 to 12 times each day
- ☐ C I will give formula at night so my milk can collect
- ☐ D I will limit each breastfeed to exactly five minutes

**12. What is the usual chromosomal number of a normal human gamete?**

- ☐ A 23 chromosomes
- ☐ B .length 46 chromosomes
- ☐ C 44 chromosomes
- ☐ D 92 chromosomes

**13. At a routine antenatal visit, a woman reports severe headache with blurred vision and flashing lights. What should the nurse do first?**

- ☐ A Assess her blood pressure and arrange urgent review
- ☐ B Advise her to rest and return in one week
- ☐ C Give an over-the-counter analgesic and discharge her
- ☐ D Tell her that visual symptoms are normal in pregnancy

**14. A pregnant woman has prolonged vomiting and is unable to retain fluids. Which electrolyte disturbance is most likely to develop?**

- ☐ A Hyperkalaemia from increased intake
- ☐ B Hypokalaemia from repeated vomiting
- ☐ C Hypercalcaemia from dehydration
- ☐ D Hyponatraemia from iron therapy

**15. A postmenopausal woman reports painful vaginal dryness during intercourse. Which advice is most appropriate?**

- ☐ A Use a water-based lubricant and seek clinical assessment
- ☐ B Use perfumed soap internally before intercourse
- ☐ C Restrict all fluids during the day
- ☐ D Begin antibiotics without examination

**16. A stable newborn has been dried and assessed, and the mother is alert and willing to feed. Which teaching is most appropriate?**

- ☐ A Offer breastfeeding within the first hour after birth
- ☐ B Delay breastfeeding until the mother's milk becomes abundant
- ☐ C Give sugar water first to prevent low blood glucose
- ☐ D Separate the newborn for routine observation overnight

**17. A woman taking a combined oral contraceptive uses rifampicin for pulmonary tuberculosis. Which advice is most appropriate?**

- ☐ A Use additional contraception during treatment
- ☐ B Continue the pill without any extra precaution
- ☐ C Stop the antibiotic until the pill course ends
- ☐ D Take two combined pills every day during treatment

**18. A woman with severe pre-eclampsia has right upper abdominal pain, low platelet count, and raised liver enzymes. Which complication should the nurse suspect?**

- ☐ A HELLP syndrome
- ☐ B Mild iron deficiency
- ☐ C Uncomplicated gestational oedema
- ☐ D Physiological haemodilution

**19. Which finding best indicates the onset of true labour?**

- ☐ A Painful contractions with progressive cervical change
- ☐ B Irregular contractions relieved by walking
- ☐ C Cervical mucus discharge without contractions
- ☐ D Backache without cervical dilatation

**20. A breastfeeding mother has one painful, red, wedge-shaped area of the breast and a fever. Which advice is most appropriate?**

- ☐ A Stop breastfeeding from the affected breast until redness disappears
- ☐ B Continue breastfeeding or expressing milk and seek clinical assessment
- ☐ C Bind both breasts tightly to prevent further milk production
- ☐ D Apply strong pressure over the red area during every feed

**21. A woman asks why menstrual bleeding begins when pregnancy does not occur. Which explanation is most accurate?**

- ☐ A The fall in ovarian hormones causes endometrial shedding
- ☐ B The rise in human chorionic gonadotropin causes uterine bleeding
- ☐ C The sudden release of follicle-stimulating hormone destroys the endometrium
- ☐ D The increase in oxytocin causes the functional layer to detach

**22. When measuring blood pressure during an antenatal visit, which technique gives the most reliable reading?**

- ☐ A Use a correctly sized cuff with the arm supported at heart level
- ☐ B Use a narrow cuff with the arm hanging beside the body
- ☐ C Measure immediately after walking with the woman standing
- ☐ D Place the cuff over thick clothing with the arm unsupported

**23. Ultrasound of a woman with persistent vomiting and vaginal bleeding shows multiple cystic spaces with no viable fetus. Which diagnosis is most likely?**

- ☐ A Complete hydatidiform mole
- ☐ B Incomplete miscarriage
- ☐ C Cervical ectopic pregnancy
- ☐ D Degenerating uterine fibroid

**24. A woman is recovering from laparoscopic treatment for an ovarian condition and reports pain at the shoulder tip. Which explanation should the nurse give?**

- ☐ A Insufflated carbon dioxide can irritate the diaphragm
- ☐ B The symptom proves that a pulmonary embolism has occurred
- ☐ C The pain means that the urinary bladder was perforated
- ☐ D The symptom is caused by excessive postoperative vaginal bleeding

**25. A premature newborn has no effective breathing after drying, positioning, and gentle stimulation. Which intervention is required next?**

- ☐ A Begin positive-pressure ventilation
- ☐ B Start chest compressions immediately
- ☐ C Give oral glucose solution
- ☐ D Continue stimulation for five minutes

**26. A woman with heavy, painful menstrual bleeding wants a long-acting reversible method and has no pelvic infection or uterine abnormality. Which method may reduce her menstrual bleeding?**

- ☐ A Copper intrauterine device
- ☐ B Levonorgestrel intrauterine system
- ☐ C Calendar method
- ☐ D Male sterilisation

**27. At a basic health unit, a woman continues to have life-threatening postpartum haemorrhage while arrangements are made for transfer. Uterine massage and medicines have not controlled the bleeding. Which temporary action can help reduce blood loss during referral?**

- ☐ A Apply external aortic compression
- ☐ B Place the woman flat on her back
- ☐ C Encourage oral fluids only
- ☐ D Apply a warm pack to the abdomen

**28. Thirty minutes after a vaginal birth, the mother is stable but the fundus feels soft and is displaced to the right. Which action should the nurse take first?**

- ☐ A Assist her to empty her bladder
- ☐ B Apply an abdominal binder
- ☐ C Place her in a prone position
- ☐ D Offer a warm drink and allow rest

**29. Which hormone is primarily responsible for the milk-ejection reflex during breastfeeding?**

- ☐ A Prolactin
- ☐ B Oxytocin
- ☐ C Oestrogen
- ☐ D Progesterone

**30. A woman with six weeks of amenorrhoea has severe one-sided lower abdominal pain, dizziness and shoulder-tip pain. Which nursing action is the priority?**

- ☐ A Arrange urgent assessment for possible ruptured ectopic pregnancy
- ☐ B Advise bed rest and repeat a pregnancy test next week
- ☐ C Offer oral fluids and document the pain for routine review
- ☐ D Teach her that mild discomfort is normal in early pregnancy

**31. Which antenatal investigation is commonly used to screen for asymptomatic bacteriuria?**

- ☐ A Urine culture
- ☐ B Chest radiograph
- ☐ C Liver function test
- ☐ D Stool microscopy

**32. A pregnant woman has fatigue, pallor and shortness of breath on exertion. Her blood picture shows small, pale red blood cells. Which type of anaemia is most likely?**

- ☐ A Iron-deficiency anaemia
- ☐ B Aplastic anaemia
- ☐ C Sickle cell anaemia
- ☐ D Acute haemolytic anaemia

**33. A woman has persistent bloating, pelvic pressure, early satiety and increased urinary frequency without an obvious infection. Which action is most appropriate?**

- ☐ A Arrange prompt medical evaluation for possible ovarian disease
- ☐ B Reassure her that these are normal menstrual changes
- ☐ C Recommend vaginal douching for symptom relief
- ☐ D Advise her to delay assessment until menopause begins

**34. A stable newborn is placed under a radiant warmer after birth. Which action best reduces unnecessary heat loss during assessment?**

- ☐ A Keep the head uncovered for observation
- ☐ B Place the newborn on a cold weighing scale
- ☐ C Use warm towels and expose only the area being examined
- ☐ D Delay drying until the complete examination is finished

**35. Which condition is a contraindication to insertion of an intrauterine contraceptive device?**

- ☐ A Current pelvic inflammatory disease
- ☐ B History of uncomplicated vaginal birth
- ☐ C Mild menstrual cramps before insertion
- ☐ D Previous use of oral contraceptive pills



## Community Health Nursing

20 MCQs

**36. Which teaching approach best applies the adult learning principle of using previous experience?**

- ☐ A Begin with a lengthy lecture on unfamiliar terms
- ☐ B Ask what the client already knows about the topic
- ☐ C Give identical instructions to every client
- ☐ D Avoid questions until the teaching is complete

**37. At a postnatal home visit, a mother reports persistent sadness, loss of interest in usual activities, and difficulty caring for herself for several weeks. What is the priority nursing action?**

- ☐ A Reassure her that these feelings are always normal
- ☐ B Assess her safety and arrange prompt mental health referral
- ☐ C Advise her to stop breastfeeding until she feels better
- ☐ D Tell her to rest at home and return after one month

**38. A health worker identifies a child younger than 15 years with sudden weakness and flaccid paralysis of one or more limbs. What is the most appropriate action?**

- ☐ A Wait for recovery before reporting
- ☐ B Report the case for acute flaccid paralysis surveillance
- ☐ C Give antibiotics and close the record
- ☐ D Advise exercise and review after one month

**39. A nurse records temperatures of 36.5°C, 37.0°C, 37.5°C and 38.0°C. What is the range of these readings?**

- ☐ A 0.5°C
- ☐ B 1.0°C
- ☐ C 1.5°C
- ☐ D 2.0°C

**40. Which assessment is commonly used to detect early kidney damage in a person with diabetes?**

- ☐ A Urine albumin-to-creatinine ratio
- ☐ B Chest radiograph after a meal
- ☐ C Peak flow measurement before sleep
- ☐ D Hearing test after physical activity

**41. Which health indicator is most useful for reflecting the general health and social conditions of a population?**

- ☐ A Infant mortality rate
- ☐ B Number of outpatient visits
- ☐ C Number of hospital beds
- ☐ D Average length of a clinic queue

**42. A laboratory worker reports eye irritation and a strong smell while using formaldehyde. Which workplace control should be prioritised?**

- ☐ A Provide perfume to mask the chemical smell
- ☐ B Improve local exhaust ventilation and keep containers closed
- ☐ C Ask the worker to hold the container farther away
- ☐ D Replace protective gloves with cotton gloves

**43. A nurse teaches a family how to reduce mosquito breeding around the home in a malaria-endemic area. Which advice is most appropriate?**

- ☐ A Store water in uncovered containers
- ☐ B Drain stagnant water and cover stored water
- ☐ C Keep doors open during the evening
- ☐ D Sleep outdoors without a bed net

**44. During health teaching, a client looks confused after hearing several medical terms. Which action should the nurse take?**

- ☐ A Use more technical terms to improve accuracy
- ☐ B Speak louder while keeping the same wording
- ☐ C Replace technical terms with simple familiar words
- ☐ D Ask another client to explain the instructions

**45. In Pakistan's Expanded Programme on Immunization, which route is used for administering BCG vaccine?**

- ☐ A Intradermal injection
- ☐ B Deep intramuscular injection
- ☐ C Subcutaneous injection
- ☐ D Oral administration

**46. A household member has close contact with a patient diagnosed with meningococcal meningitis. Which public health action is most appropriate for the close contact?**

- ☐ A Give routine oral rehydration solution
- ☐ B Arrange prompt medical assessment for chemoprophylaxis
- ☐ C Advise the person to share the patient's antibiotics
- ☐ D Wait for symptoms before taking any action

**47. In a survey, the probability of selecting a household is 0.2. What does this probability mean?**

- ☐ A Two households must be selected
- ☐ B Twenty households are already selected
- ☐ C Each household has a 20% selection chance
- ☐ D The survey has a 20% response rate

**48. A patient with hypertension says, "My blood pressure is normal today, so I can skip my medicine." Which response is best?**

- ☐ A A normal reading may show that the medicine is controlling your pressure
- ☐ B You should take the medicine only when symptoms appear
- ☐ C You can stop treatment once readings improve for one week
- ☐ D Missing doses is safe if you avoid salty food that day

**49. A survey finds that 240 people in a town of 12,000 currently have hypertension. Which health indicator is being calculated?**

- ☐ A Incidence rate
- ☐ B Prevalence
- ☐ C Case fatality rate
- ☐ D Crude birth rate

**50. Which household practice best prevents recontamination of treated drinking water?**

- ☐ A Store it in a covered container with a narrow opening
- ☐ B Keep it in an uncovered bucket for easy access
- ☐ C Pour it into a wide bowl before each use
- ☐ D Add more chlorine whenever the water looks cloudy

**51. A district nutrition team finds many preschool children with poor dietary intake. Which intervention is most appropriate as a primary prevention measure?**

- ☐ A Provide nutrition education using locally available foods
- ☐ B Admit every child to a tertiary hospital immediately
- ☐ C Restrict children to one meal each day
- ☐ D Give adult supplements without assessing the child

**52. Which statement best distinguishes health promotion from health education?**

- ☐ A Health promotion only provides information about diseases
- ☐ B Health education only changes hospital treatment procedures
- ☐ C Health promotion includes supportive environments and healthy policies
- ☐ D Health education does not involve communication with patients

**53. During an integrated management of childhood illness assessment, a two-year-old is unable to drink and is unusually sleepy. What is the priority action?**

- ☐ A Provide home care advice only
- ☐ B Arrange urgent referral after giving appropriate pre-referral care
- ☐ C Ask the caregiver to return after three days
- ☐ D Recommend an over-the-counter cough mixture

**54. Which statement best describes herd immunity in a community?**

- ☐ A Every person has received every available vaccine
- ☐ B Enough people are immune to reduce transmission to others
- ☐ C Only people with previous infection can become protected
- ☐ D A vaccine protects a person from all communicable diseases

**55. A study finds that use of an insecticide-treated bed net is associated with fewer malaria cases. Which finding most strongly supports a causal relationship?**

- ☐ A The association is seen only in one small village
- ☐ B Malaria occurred before bed nets were introduced
- ☐ C The association persists after important confounders are controlled
- ☐ D People who use bed nets also report more health visits



### Paediatric Nursing

15 MCQs

**56. Which vaccine is administered by the oral route in the routine childhood EPI schedule?**

- ☐ A Bacille Calmette-Guérin vaccine
- ☐ B Pentavalent vaccine
- ☐ C Oral polio vaccine
- ☐ D Pneumococcal conjugate vaccine

**57. A nurse measures the head circumference of a healthy infant. Which finding is expected by about 12 months of age?**

- ☐ A Head circumference is greater than chest circumference
- ☐ B Head circumference is approximately equal to chest circumference
- ☐ C Head circumference is half the chest circumference
- ☐ D Head circumference is unchanged from birth

**58. A newborn is jittery, poorly feeding, and pale. The nurse suspects hypoglycaemia. Which action is the priority?**

- ☐ A Place the newborn prone and leave the room
- ☐ B Check the blood glucose and notify the clinician
- ☐ C Give a routine bath to stimulate activity
- ☐ D Wait until the next scheduled feeding

**59. A hospitalised child is vomiting and has reduced oral intake. Which finding most strongly suggests dehydration?**

- ☐ A Warm skin and increased urine output
- ☐ B Moist mouth and a strong pulse
- ☐ C Sunken eyes and decreased urine output
- ☐ D Brisk capillary refill and normal thirst

**60. Which clinical feature is most characteristic of measles?**

- ☐ A Painful swelling of one parotid gland
- ☐ B Cough followed by repeated inspiratory whoops
- ☐ C Koplik spots followed by a spreading maculopapular rash
- ☐ D Small itchy vesicles appearing in successive crops

**61. A conscious child has a small hot-tea scald on the forearm, with no signs of airway injury or shock. Which first-aid action is appropriate?**

- ☐ A Apply ice directly to the burned skin
- ☐ B Cover the burn with thick cotton wool
- ☐ C Cool the burn under clean running water for 20 minutes
- ☐ D Break blisters and apply an antibiotic powder

**62. A 7-month-old infant is starting complementary feeding. Which instruction should the nurse give the mother?**

- ☐ A Offer thick, mashed foods while continuing breastfeeding
- ☐ B Give only clear soup until the child is one year old
- ☐ C Replace breast milk with diluted cow's milk
- ☐ D Add salt and sugar to every meal for extra energy

**63. A vaccine has been kept within the recommended temperature range, but its expiry date has passed. What should the nurse do?**

- ☐ A Use it if the vial monitor looks acceptable
- ☐ B Use it only for children older than one year
- ☐ C Do not use it and remove it according to local procedure
- ☐ D Mix it with a fresh vial to restore its potency

**64. Which finding is generally expected in a healthy 3-year-old child?**

- ☐ A Pedals a tricycle with coordination
- ☐ B Reads a short paragraph independently
- ☐ C Ties shoelaces using a firm knot
- ☐ D Copies a complex geometric pattern

**65. A newborn's umbilical stump is moist on the first day, but the surrounding skin is not red or swollen and there is no foul odour. Which nursing action is appropriate?**

- ☐ A Keep it clean and dry
- ☐ B Cover it with a tight bandage
- ☐ C Apply antibiotic powder routinely
- ☐ D Pull it off when it loosens

**66. A 4-year-old child is crying and moving during a routine set of vital signs. Which action improves the accuracy of the measurements?**

- ☐ A Measure all vital signs while the child is crying
- ☐ B Allow the child to settle, then measure and record the findings
- ☐ C Ask the parent to hold the child firmly during measurement
- ☐ D Record the values as normal because crying affects all children

**67. A 9-month-old child has diarrhoea but is alert, drinks normally, has moist eyes and a skin pinch that returns immediately. How should the hydration status be classified?**

- ☐ A No signs of dehydration
- ☐ B Some dehydration
- ☐ C Severe dehydration
- ☐ D Dehydration with shock

**68. A 10-month-old has a generalized seizure during a high fever. After the movements stop, the child is breathing normally but remains sleepy. Which action is appropriate?**

- ☐ A Place the child in the recovery position and observe the airway
- ☐ B Restrain the child tightly to prevent another seizure
- ☐ C Give oral medicine while the child is still drowsy
- ☐ D Place a spoon between the teeth to protect the tongue

**69. A breastfeeding mother says she is returning to work and wants to maintain breast milk feeding. Which instruction is appropriate?**

- ☐ A Stop breastfeeding before returning to work
- ☐ B Express breast milk and store it safely
- ☐ C Add cereal to each breast milk feed
- ☐ D Dilute breast milk with boiled water

**70. A child is receiving routine EPI vaccines at 10 weeks of age. Which vaccine is scheduled at this visit in Pakistan?**

- ☐ A Second dose of pentavalent vaccine
- ☐ B First dose of BCG vaccine
- ☐ C Birth dose of hepatitis B vaccine
- ☐ D First dose of measles and rubella vaccine



## Fundamentals of Nursing

10 MCQs

**71. A patient has an open fracture of the lower arm with bone visible through the wound. Which action is appropriate before transport?**

- ☐ A Push the bone back under the skin
- ☐ B Straighten the arm forcefully
- ☐ C Cover the wound and immobilize the arm
- ☐ D Wash deeply inside the wound with antiseptic

**72. A patient is admitted with suspected chickenpox. Which infection-control measure is most appropriate?**

- ☐ A Place the patient in a negative-pressure room and use an N95 respirator
- ☐ B Place the patient in a single room and use a surgical mask only
- ☐ C Place the patient with other coughing patients and use gloves
- ☐ D Place the patient in a positive-pressure room and use a surgical mask

**73. A nurse is caring for a patient at risk of a pressure injury. Which intervention best prevents prolonged pressure over the sacrum?**

- ☐ A Massage reddened skin over the sacrum
- ☐ B Reposition the patient at planned intervals
- ☐ C Use a donut-shaped ring under the sacrum
- ☐ D Keep the head of bed elevated as high as possible

**74. Which statement about a nursing diagnosis is correct?**

- ☐ A It identifies the disease causing the patient's symptoms
- ☐ B It describes a human response that nursing care can address
- ☐ C It remains unchanged until the medical diagnosis changes
- ☐ D It is selected only from the physician's diagnostic report

**75. A patient has a new cast on the lower leg and needs assistance transferring to a chair. Which action should the nurse take?**

- ☐ A Allow the casted leg to bear weight immediately
- ☐ B Support the casted limb during the transfer
- ☐ C Lift the patient by pulling under the arms
- ☐ D Ask the patient to pivot on the casted foot

**76. A patient with chronic carbon dioxide retention is prescribed oxygen therapy. Which assessment is most important after oxygen is started?**

- ☐ A The patient's appetite after the meal
- ☐ B The patient's level of consciousness and respiratory pattern
- ☐ C The patient's skin temperature of the hands
- ☐ D The patient's ability to hear ordinary speech

**77. A nurse receives a verbal report that a patient has become newly confused. What should the nurse do first?**

- ☐ A Record the report and reassess the patient at the next round
- ☐ B Assess airway, breathing, circulation and immediate safety
- ☐ C Ask the family to explain whether confusion is usual
- ☐ D Complete routine documentation before seeing the patient

**78. A patient is prescribed a cleansing enema and develops severe cramping while the solution is being instilled. What should the nurse do first?**

- ☐ A Increase the flow rate to complete the procedure
- ☐ B Stop or slow the flow and assess the patient
- ☐ C Continue the procedure without speaking to the patient
- ☐ D Add more solution to overcome the cramping

**79. Which electrocardiogram finding is commonly associated with hypokalaemia?**

- ☐ A Prominent U waves
- ☐ B Peaked T waves
- ☐ C Widened QRS from hyperkalaemia
- ☐ D Shortened QT interval

**80. Where should the nurse place the stethoscope to assess an adult patient's apical pulse?**

- ☐ A Over the fifth intercostal space at the midclavicular line
- ☐ B Over the second intercostal space at the right sternal border
- ☐ C Over the sixth intercostal space at the midaxillary line
- ☐ D Over the third intercostal space at the left sternal border



English

5 MCQs

**81. A carpenter carves \_ on cab doors. Choose the right word to fill in the blank.**

- ☐ A Arabesque
- ☐ B Ornate
- ☐ C Decked
- ☐ D Floral

**82. She does not wash clothes on Fridays.[Passive form of the sentence is:]**

- ☐ A Clothes are not being washed by her on Fridays.
- ☐ B Clothes were not washed by her on Fridays.
- ☐ C Clothes were not being washed by her on Fridays.
- ☐ D Clothes are not washed by her on Fridays.

**83. Identify the error in the sentence. The chef quickly prepared, delicious and it served a meal.**

- ☐ A Punctuation
- ☐ B Style
- ☐ C Vocabulary
- ☐ D Word order

**84. The word opposite in the meaning to zealous is:**

- ☐ A Dedicated
- ☐ B Fanatical
- ☐ C Apathetic
- ☐ D Rabid

**85. Choose the correctly structured sentence.**

- (A) Mr. Shan. with his family together goes to England.
- (B) Mr. Shan, together with his family, goes to England.
- (C) Mr. Shan. together with his farni y, go to England.
- (D) Mr. Shan, with his family, go to England together

**General Knowledge**

5 MCQs

**86. Countries surrounding Caspian sea are Turkmenistan, Azerbaijan, Russia, Iran and \_\_\_\_\_?**

- (A) Kazakhstan
- (B) Lebanon
- (C) Maldives
- (D) None of these

**87. The construction of Taj Mahal involved a workforce of over \_\_\_\_\_ people.**

- (A) 10,000
- (B) 20,000
- (C) 60,000
- (D) 80,000

**88. Pakistan is hosting IDEAS (International defence exhibition and seminar) since \_\_\_\_\_?**

- (A) 2009
- (B) 2011
- (C) 2001
- (D) 2000

**89. Arfa Software technology park is located in \_\_\_\_\_?**

- (A) Lahore
- (B) Rawalpindi
- (C) Karachi
- (D) Multan

**90. PNA is the news agency of \_\_\_\_\_?**

- (A) Philippines
- (B) Britain
- (C) united states
- (D) Croatia

**Pakistan Studies**

4 MCQs

**91. Khunjerab Pass connects Gilgit Baltistan with China's Xinjiang region and is the highest paved international border at \_\_\_\_\_ feet from sea level.**

- (A) 15,500
- (B) 15,000
- (C) 14,500
- (D) 13,000

**92. Who was appointed as an eight-member of National Security Council to work as the 'supreme governing body' of Pakistan after his military coup?**

- (A) Field Marshall Ayub Khan
- (B) General Pervez Musharraf
- (C) General Zia Ul Haq
- (D) President Zulfikar Ali Bhutto

93. Scientific society translated the modern work from?

- (A) English to Urdu
- (B) Urdu to English
- (C) Persian to Urdu
- (D) Arabic to Urdu

94. The First US Embassy in Karachi was established on \_\_\_\_\_?

- (A) May 15 1947
- (B) August 15 1947
- (C) June 15 1947
- (D) Sep 15 1947



### Pakistan Current Affairs

3 MCQs

95. Who is the current Chairman of Gwadar Port Authority (GPA)?

- (A) Asim Saleem Bajwa
- (B) Naseer Khan Kashani
- (C) Passand Khan Buledi
- (D) None of these

96. Which state owned Organization of Pakistan launched "Clean, Green and Behave Good" campaign on Feb 1 2019?

- (A) PIA
- (B) Pakistan Railway
- (C) Tourism development corporation of Punjab
- (D) NESPAK

97. Under which Article of the Constitution The president of Pakistan Dr Arif Alvi has approved the advice of the prime minister of Pakistan to dissolve the National Assembly ?

- (A) Under the Article 58 (1)
- (B) Under the Article 48(1)
- (C) Both
- (D) None of these



### Islamic Studies

2 MCQs

98. The word Talaq means is \_\_\_\_\_?

- (A) Freedom of bond
- (B) To leave somebody
- (C) To attach someone
- (D) Non of these

99. The Battle of Sallasil or the Battle of Chains was fought between \_\_\_\_\_ and the Muslims?

- (A) Arabs
- (B) Jews
- (C) Persians
- (D) Romans



## Computer Science and IT

1 MCQs

**100. What is the most efficient method of data transmission over telephone lines?**

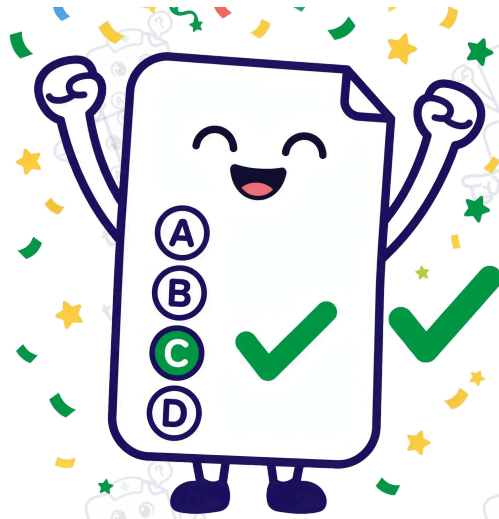
- ☐ A Serial Transmission
- ☐ B Parallel Transmission
- ☐ C Digital Transmission
- ☐ D Hybrid Transmission

## Answer key

Tap any answer to open its full explanation on TestUstad.

### Model Paper 1

|    |   |    |   |    |   |    |   |    |   |    |   |    |   |    |   |    |   |     |   |
|----|---|----|---|----|---|----|---|----|---|----|---|----|---|----|---|----|---|-----|---|
| 1  | A | 2  | A | 3  | A | 4  | B | 5  | B | 6  | B | 7  | A | 8  | A | 9  | A | 10  | A |
| 11 | B | 12 | A | 13 | A | 14 | B | 15 | A | 16 | A | 17 | A | 18 | A | 19 | A | 20  | B |
| 21 | A | 22 | A | 23 | A | 24 | A | 25 | A | 26 | B | 27 | A | 28 | A | 29 | B | 30  | A |
| 31 | A | 32 | A | 33 | A | 34 | C | 35 | A | 36 | B | 37 | B | 38 | B | 39 | C | 40  | A |
| 41 | A | 42 | B | 43 | B | 44 | C | 45 | A | 46 | B | 47 | C | 48 | A | 49 | B | 50  | A |
| 51 | A | 52 | C | 53 | B | 54 | B | 55 | C | 56 | C | 57 | B | 58 | B | 59 | C | 60  | C |
| 61 | C | 62 | A | 63 | C | 64 | A | 65 | A | 66 | B | 67 | A | 68 | A | 69 | B | 70  | A |
| 71 | C | 72 | A | 73 | B | 74 | B | 75 | B | 76 | B | 77 | B | 78 | B | 79 | A | 80  | A |
| 81 | A | 82 | D | 83 | D | 84 | C | 85 | B | 86 | A | 87 | B | 88 | D | 89 | A | 90  | A |
| 91 | A | 92 | B | 93 | A | 94 | B | 95 | C | 96 | B | 97 | C | 98 | A | 99 | C | 100 | A |



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