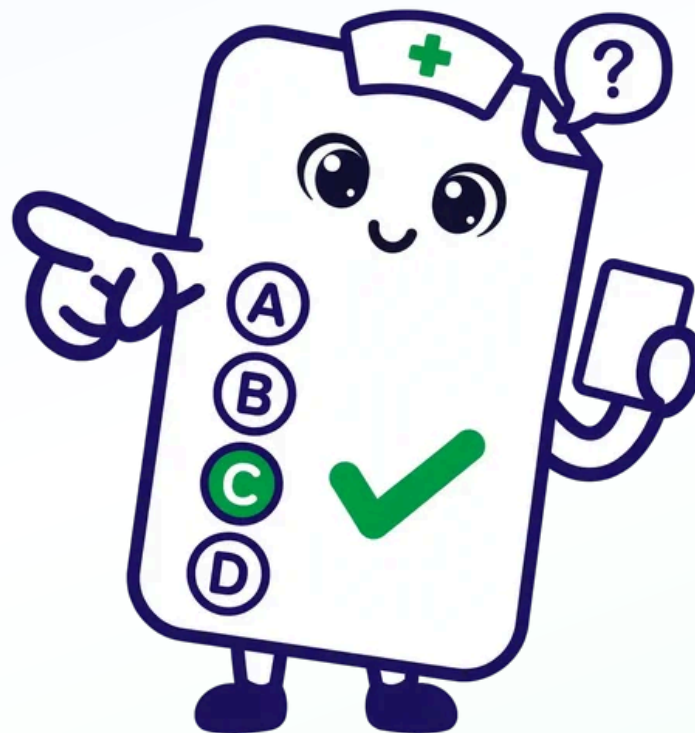




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# Head Nurse and Nursing Superintendent Test Preparation Book 2026

A full model paper in the real Head Nurse pattern, with answer key



100 MCQs

Real Head Nurse subject split

Answer key + online explanations

## How to use this book

1. Sit each model paper in one go, in 120 minutes, with a pen and the answer sheet of your choice.
2. Mark yourself with the answer key at the back.
3. Every answer in the key is a link. Tap it to read why that option is right on TestUstad, free.

### Want this paper timed and graded for you?

Practise every Head Nurse subject free, chapter by chapter, at [testustad.com/exams/head-nurse](https://testustad.com/exams/head-nurse)

## What is in this book

100 MCQs across one paper, each drawn in the same subject split as the real Head Nurse paper:

- Nursing Management and Ethics: 25 MCQs per paper
- Medical Surgical Nursing: 15 MCQs per paper
- Fundamentals of Nursing: 12 MCQs per paper
- Community Health Nursing: 8 MCQs per paper
- Midwifery and Obstetric Nursing: 6 MCQs per paper
- Nursing Pharmacology: 6 MCQs per paper
- Paediatric Nursing: 4 MCQs per paper
- Mental Health Nursing: 4 MCQs per paper
- English: 5 MCQs per paper
- General Knowledge: 5 MCQs per paper
- Pakistan Studies: 4 MCQs per paper
- Pakistan Current Affairs: 3 MCQs per paper
- Islamic Studies: 2 MCQs per paper
- Computer Science and IT: 1 MCQs per paper



MODEL PAPER 1 OF 1

# Head Nurse and Nursing Superintendent Test

100 MCQs · 120 minutes · answer key at the back



## Nursing Management and Ethics

25 MCQs

### 1. Which statement about accountability after delegation is correct?

- ☐ A The nurse remains accountable for overall patient care
- ☐ B The assistant becomes responsible for the nursing plan
- ☐ C The patient becomes responsible for checking the task
- ☐ D The nurse manager assumes every delegated duty

### 2. When preparing a lesson plan on prevention of pressure injuries, which item states a learning outcome rather than a teaching activity?

- ☐ A Explain the causes of pressure injuries
- ☐ B Show a video about repositioning
- ☐ C Discuss skin assessment with the group
- ☐ D The patient will identify two pressure injury risks

### 3. A ward nurse finds consistent research evidence that early mobilisation benefits suitable postoperative patients. What is the best next step before changing routine care?

- ☐ A Apply it to every patient immediately
- ☐ B Compare it with patient needs and local resources
- ☐ C Ignore it because research cannot guide care
- ☐ D Use it only if the study had no limitations

### 4. A patient is about to sign consent for surgery and quietly tells the nurse that a family member is threatening to stop financial support unless the patient agrees. Which action should the nurse take?

- ☐ A Ask the family member to sign as a witness
- ☐ B Continue preparation because the form is ready
- ☐ C Pause the process and inform the healthcare provider
- ☐ D Tell the patient to obey the family member's wishes

**5. A patient's relative telephones the ward and asks whether the patient has HIV infection. The relative does not have the patient's permission to receive information. What should the nurse do?**

- (A) Confirm the diagnosis if the relative knows the patient's name
- (B) Provide only the diagnosis but not the treatment details
- (C) Refer the caller to another nurse for confirmation
- (D) Decline to disclose information and follow the privacy procedure

**6. A nurse manager wants to determine whether a new safety intervention has produced a real improvement. Which approach is most appropriate?**

- (A) Ask one senior nurse whether it seems useful
- (B) Compare predefined measures before and after the change
- (C) Count only positive comments from staff
- (D) Assume improvement because no complaint was received

**7. Mercer's theory of becoming a mother is most concerned with which outcome?**

- (A) Developing maternal identity and confidence in the mothering role
- (B) Maintaining physiological stability during critical illness
- (C) Reducing environmental stressors around the hospitalized patient
- (D) Improving communication during the working phase of care

**8. A head nurse must choose between two safe ways to organise patient rounds. She compares the expected benefits and risks, then selects the option supported by the best available evidence. Which leadership skill is shown?**

- (A) Evidence-based decision-making
- (B) Passive supervision
- (C) Personal loyalty
- (D) Avoidance of responsibility

**9. A patient is moved from one bed to another within the same ward. Which action is most important for accurate bed management?**

- (A) Update the ward bed-status record immediately
- (B) Wait until the daily census is completed
- (C) Record the move only in the patient's medication chart
- (D) Ask the patient's family to inform the admission office

**10. A nurse educator wants students to receive the same instructions and practise independently at their own pace using a computer module. Which method is most suitable?**

- (A) Self-instructional learning
- (B) Unstructured group discussion
- (C) Bedside case conference
- (D) Demonstration without practice

**11. A study randomly assigns patients to receive either a new wound dressing or the usual dressing. Which design is being used?**

- ☐ A Descriptive survey design
- ☐ B Randomised controlled trial
- ☐ C Phenomenological design
- ☐ D Retrospective case-control design

**12. A patient with capacity asks to see the nursing notes written about the patient's care. Which response is most appropriate?**

- ☐ A Refuse because nursing notes belong only to the hospital
- ☐ B Provide access according to the facility's approved procedure
- ☐ C Allow the patient to photograph every patient's record
- ☐ D Tell the patient to ask a relative to inspect the notes

**13. A nurse is caring for a patient who lacks decision-making capacity and has a legally recognised surrogate. The patient needs a non-emergency invasive procedure. Which action is appropriate before the procedure?**

- ☐ A Obtain informed permission from the authorised surrogate
- ☐ B Proceed because hospital admission implies permission
- ☐ C Ask any visitor to sign the consent form
- ☐ D Ask another patient to witness verbal permission

**14. A quality committee notices that two wards record falls differently, with one including falls from beds and the other excluding them. What should be done before comparing their fall rates?**

- ☐ A Agree on one operational definition and recalculate the data consistently
- ☐ B Compare the existing figures because both wards use the word fall
- ☐ C Use the higher rate as the official hospital result
- ☐ D Ask each ward to report only falls causing serious injury

**15. A patient says, "My illness has changed what my life means, but I am choosing how to move forward." Which concept from Parse's human becoming theory is most evident?**

- ☐ A Meaning
- ☐ B Homeostasis
- ☐ C Dependency
- ☐ D Environmental control

**16. A nurse manager notices that a newly appointed nurse repeatedly misses important observations during rounds. What is the best management response?**

- ☐ A Observe the nurse's work and provide specific guidance
- ☐ B Remove the nurse from all patient-care duties permanently
- ☐ C Ignore the omissions until the annual appraisal
- ☐ D Ask another nurse to complete every observation indefinitely

**17. A ward uses a paper communication book for nonurgent unit matters. Which entry is most appropriate?**

- ☐ A A patient's confidential diagnosis for public reading
- ☐ B A request to restock routine ward stationery
- ☐ C An unverified accusation against a colleague
- ☐ D A replacement for the patient's clinical record

**18. A clinical instructor asks a student to perform a procedure independently after supervised practice. Which action by the instructor is most appropriate before the student begins?**

- ☐ A Confirm the student's preparation and explain the expected standard
- ☐ B Leave the student alone to encourage independence
- ☐ C Correct every movement before the procedure starts
- ☐ D Ask another student to take responsibility for the patient

**19. A researcher stores participants' names in a separate password-protected file and uses study codes on the data collection forms. Which ethical protection is being used?**

- ☐ A Confidentiality protection
- ☐ B Deception of participants
- ☐ C Therapeutic privilege
- ☐ D Random allocation

**20. A nurse is asked to care for a patient whose cultural practices differ from the nurse's personal beliefs. Which action best reflects respect for dignity?**

- ☐ A Require the patient to follow the nurse's preferred routine
- ☐ B Provide safe care while accommodating reasonable cultural practices
- ☐ C Ask the family to replace all nursing care during the admission
- ☐ D Avoid discussing cultural needs to prevent disagreement

**21. A competent patient asks to inspect or obtain a copy of the nursing records. What should the nurse do?**

- ☐ A Refuse because nursing notes belong only to the hospital
- ☐ B Provide the original chart directly to the patient
- ☐ C Refer the request through the approved records-access process
- ☐ D Ask a relative to decide whether access is appropriate

**22. A quality team tests a new medication reconciliation form on one ward, reviews the results, and changes the form before wider use. Which quality improvement method is being used?**

- ☐ A Plan, Do, Study, Act cycle
- ☐ B Punitive disciplinary review
- ☐ C Retrospective patient satisfaction survey
- ☐ D Routine staff performance appraisal

**23. A nurse protects a patient's privacy, offers choices about bathing and allows the patient to maintain preferred grooming practices. Which Levine conservation principle is most directly applied?**

- ☐ A Conservation of energy
- ☐ B Conservation of structural integrity
- ☐ C Conservation of personal integrity
- ☐ D Conservation of social integrity

**24. During a verbal handover, the receiving nurse repeats the main instructions and the outgoing nurse confirms that they are correct. Which communication principle is demonstrated?**

- ☐ A Closed-loop communication
- ☐ B One-way communication
- ☐ C Informal communication
- ☐ D Written communication

**25. When should a nurse perform hand hygiene after removing gloves?**

- ☐ A Immediately after glove removal
- ☐ B Only if the gloves look visibly soiled
- ☐ C After completing the next patient procedure
- ☐ D Only before touching sterile equipment



### Medical Surgical Nursing

15 MCQs

**26. Which urinalysis finding is most consistent with acute tubular injury rather than prerenal kidney injury?**

- ☐ A Concentrated urine with a high specific gravity
- ☐ B Muddy brown granular casts in the urine
- ☐ C Small urine volume after fluid loss
- ☐ D Clear urine with no abnormal sediment

**27. A gallbladder specimen is removed during surgery. Which action is correct when sending it to the laboratory?**

- ☐ A Leave it unlabeled until the operation ends
- ☐ B Place it in a container with the correct preservative
- ☐ C Wrap it in a dry towel for transport
- ☐ D Send it without confirming the patient's identity

**28. A patient with severe tonsillitis has difficulty swallowing and a muffled voice. Which finding requires immediate reporting?**

- ☐ A Mild throat pain after taking fluids
- ☐ B Unilateral swelling with the uvula displaced
- ☐ C A temperature of 37.8 degrees Celsius
- ☐ D Tender cervical lymph nodes on both sides

**29. A patient with Addison disease becomes severely weak, hypotensive and confused after gastroenteritis. Which treatment should the nurse anticipate urgently?**

- ☐ A Intravenous hydrocortisone with isotonic fluid replacement
- ☐ B Fluid restriction with a low-sodium diet
- ☐ C Insulin infusion with potassium restriction
- ☐ D Levothyroxine with oral calcium supplements

**30. A patient is receiving intravenous heparin for acute coronary syndrome. Which laboratory test is used to monitor the therapeutic effect of unfractionated heparin?**

- ☐ A International normalised ratio
- ☐ B Activated partial thromboplastin time
- ☐ C Serum creatinine concentration
- ☐ D Platelet aggregation time

**31. A mechanically ventilated patient suddenly has a low-pressure alarm, and the oxygen saturation begins to fall. Which action should the nurse take first?**

- ☐ A Inspect the circuit for disconnection
- ☐ B Increase the prescribed tidal volume
- ☐ C Administer a sedative medicine
- ☐ D Suction the airway for secretions

**32. A patient receiving bleomycin develops a new dry cough and shortness of breath. Which action is most appropriate?**

- ☐ A Document the symptoms as an expected mild effect
- ☐ B Report the symptoms promptly for respiratory assessment
- ☐ C Encourage vigorous exercise to improve lung capacity
- ☐ D Give an antidiarrhoeal medicine and reassess later

**33. A patient with hepatitis develops dark urine and pale stools. Which interpretation is most appropriate?**

- ☐ A Bile flow into the intestine is reduced
- ☐ B The patient has improved liver function
- ☐ C The findings confirm excessive gastric acid
- ☐ D The changes are caused by increased intestinal iron

**34. A patient who has been immobile for five days reports new calf tenderness and unilateral swelling. Which action should the nurse take?**

- ☐ A Massage the calf to improve circulation
- ☐ B Encourage vigorous walking immediately
- ☐ C Keep the patient in bed and notify the provider
- ☐ D Apply a tight bandage around the swollen leg

**35. A trauma patient remains hypotensive after visible bleeding has been controlled. The nurse notes cool clammy skin, a weak rapid pulse, and delayed capillary refill. Which finding most directly supports continuing hypovolaemic shock?**

- ☐ A Bradycardia with warm dry skin
- ☐ B Bounding pulses with flushed skin
- ☐ C Low urine output with increasing restlessness
- ☐ D Slow breathing with equal pupils

**36. Which nursing intervention is most appropriate for a patient with meningitis who has severe photophobia?**

- ☐ A Provide a quiet, dimly lit room and limit unnecessary stimulation
- ☐ B Keep the room brightly lit to assess pupil responses frequently
- ☐ C Encourage vigorous activity to prevent complications of immobility
- ☐ D Apply a warm compress over the eyes to relieve meningeal irritation

**37. A patient is taking ethambutol for pulmonary tuberculosis. Which finding should the nurse instruct the patient to report promptly?**

- ☐ A Orange-coloured urine
- ☐ B Blurred vision or difficulty seeing colours
- ☐ C Mild nausea after taking the tablet
- ☐ D Increased appetite during treatment

**38. A patient prescribed an antibiotic for a bacterial urinary tract infection says, "I will stop the medicine when the burning goes away." Which response by the nurse is best?**

- ☐ A Stop the medicine once the urine becomes clear
- ☐ B Take the medicine for the prescribed course even if symptoms improve
- ☐ C Save the remaining medicine for the next urinary infection
- ☐ D Take the medicine only when urinary pain returns

**39. Which preoperative finding is most important to document before administering a sedative?**

- ☐ A The patient's preferred sleeping position
- ☐ B The patient's baseline level of consciousness
- ☐ C The patient's usual time of daily exercise
- ☐ D The patient's preferred postoperative meal

**40. A patient with otitis externa asks how to protect the ear while bathing. Which instruction should the nurse give?**

- ☐ A Insert a cotton bud deeply into the canal
- ☐ B Keep water out of the affected ear
- ☐ C Flush the ear with tap water afterward
- ☐ D Use an ear candle to dry the canal

**Fundamentals of Nursing**

12 MCQs

**41. Which finding in a patient with constipation requires prompt nursing assessment before giving a laxative?**

- ☐ A Mild straining during a bowel movement
- ☐ B Passing flatus once during the morning
- ☐ C Increasing abdominal distension with vomiting
- ☐ D Preferring to use the toilet after breakfast

**42. Which patient position is usually most suitable for obtaining a reliable adult blood pressure reading?**

- ☐ A Standing with the arm unsupported
- ☐ B Sitting with feet supported and arm at heart level
- ☐ C Cross-legged with the arm below the heart
- ☐ D Supine with the arm hanging beside the body

**43. A patient who is short of breath has no spinal injury and is conscious. Which position best promotes lung expansion?**

- ☐ A Supine with the legs elevated
- ☐ B High Fowler position with support
- ☐ C Prone with the head turned
- ☐ D Trendelenburg position with knees flexed

**44. What compression rate should a trained rescuer use during adult CPR?**

- ☐ A 80 to 90 compressions per minute
- ☐ B 90 to 100 compressions per minute
- ☐ C 100 to 120 compressions per minute
- ☐ D 120 to 140 compressions per minute

**45. A patient with syndrome of inappropriate antidiuretic hormone secretion has low serum sodium and concentrated urine. Which nursing intervention is most appropriate when prescribed?**

- ☐ A Encourage unlimited oral water
- ☐ B Restrict fluids as ordered
- ☐ C Give potassium-rich foods freely
- ☐ D Place the patient in a warm bath

**46. A nurse obtains an unexpectedly low oxygen saturation from a patient whose fingers are cold and moving. What should the nurse do first?**

- ☐ A Document the reading as the patient's baseline
- ☐ B Apply oxygen without checking the measurement
- ☐ C Warm the hand and repeat the reading
- ☐ D Ask the patient to take rapid deep breaths

**47. Which entry is subjective data in a nursing record?**

- ☐ A Temperature is 38.4°C by oral thermometer
- ☐ B Patient states, "My pain is 8 out of 10"
- ☐ C Respiratory rate is 28 breaths per minute
- ☐ D Skin is cool and clammy on examination

**48. A patient is sitting in a wheelchair and reports numbness after prolonged sitting. Which nursing intervention best supports skin protection?**

- ☐ A Encourage regular weight shifts when able
- ☐ B Place a folded towel under only one thigh
- ☐ C Massage any reddened area vigorously
- ☐ D Keep the patient seated until the task ends

**49. A patient with a foot wound has a cool, pale foot, delayed capillary refill, and a weak pedal pulse. Which nursing action has the highest priority?**

- ☐ A Report the impaired perfusion promptly
- ☐ B Apply a tight compression bandage to the foot
- ☐ C Elevate the leg well above heart level
- ☐ D Cover the wound with a warm heating pad

**50. Which practice is safest when disposing of a used needle after an injection?**

- ☐ A Recap it using both hands
- ☐ B Break it before discarding it
- ☐ C Place it directly into a puncture-resistant sharps container
- ☐ D Carry it to the treatment room for later disposal

**51. Which nursing action helps prevent skin injury in a patient who is frequently incontinent of stool?**

- ☐ A Cleanse gently, dry the skin, and apply a moisture barrier
- ☐ B Scrub the perineal area with strong antiseptic after each stool
- ☐ C Leave the skin exposed to stool until the next scheduled bath
- ☐ D Apply talcum powder to all moist skin after each episode

**52. A conscious adult reports pain but cannot read the numbers on a numeric pain scale. Which assessment tool is most appropriate?**

- ☐ A A visual analogue line without explanation
- ☐ B A faces pain scale with clear instructions
- ☐ C A blood pressure reading as an indirect measure
- ☐ D The nurse's estimate based on facial expression

**Community Health Nursing**

8 MCQs

**53. During a nutrition session, a mother asks how to prevent iron deficiency in her young child. Which advice is most appropriate?**

- ☐ A Provide iron-rich foods and use supplements when prescribed
- ☐ B Give tea with meals to improve iron absorption
- ☐ C Restrict legumes because they contain too much protein
- ☐ D Replace all complementary foods with fruit juice

**54. A patient with diabetes says, "I will walk barefoot at home because my feet do not hurt." Which response by the nurse is best?**

- ☐ A "Check your feet daily and wear well-fitting protective footwear."
- ☐ B "Soak your feet in hot water each evening to improve circulation."
- ☐ C "Use a sharp blade to remove any thickened skin."
- ☐ D "Apply strong antiseptic whenever the feet feel numb."

**55. A health centre records every newly identified case of measles and sends the information to the district health office. Which public health activity is this?**

- ☐ A Disease surveillance
- ☐ B Case isolation
- ☐ C Sterilization
- ☐ D Health promotion

**56. A village water source is surrounded by animal waste and muddy runoff after rain. Which environmental health measure should the community implement first?**

- ☐ A Build a protected platform and drainage around the source
- ☐ B Store the water in open buckets for easier inspection
- ☐ C Encourage people to collect water only after sunset
- ☐ D Add food colouring so contaminated water is recognised

**57. A community health worker plots a child's weight on the growth chart. The child's weight crosses downward through two growth lines over successive visits. What does this finding most strongly suggest?**

- ☐ A The child has satisfactory growth
- ☐ B The child may have growth faltering
- ☐ C The child has reached final height
- ☐ D The child needs no nutritional assessment

**58. In a cohort study, disease risk is 20% among exposed workers and 5% among unexposed workers. What is the attributable risk among the exposed group?**

- ☐ A 5 percentage points
- ☐ B 15 percentage points
- ☐ C 25 percentage points
- ☐ D 400 percentage points

**59. Which health indicator is most useful for reflecting the general health and social conditions of a population?**

- ☐ A Infant mortality rate
- ☐ B Number of outpatient visits
- ☐ C Number of hospital beds
- ☐ D Average length of a clinic queue

**60. A client speaks a different language from the nurse and repeatedly misunderstands instructions. Which action best reduces this communication barrier?**

- ☐ A Speak faster so the session takes less time
- ☐ B Use a trained interpreter and simple language
- ☐ C Ask a young child in the family to interpret
- ☐ D Repeat the same unfamiliar medical terms loudly



### Midwifery and Obstetric Nursing

6 MCQs

**61. A pregnant woman at 28 weeks says that she has noticed much less fetal movement than usual since yesterday. What is the priority nursing action?**

- ☐ A Advise her to return at the next scheduled visit
- ☐ B Assess the report promptly and arrange fetal evaluation
- ☐ C Tell her that movement normally stops near term
- ☐ D Recommend increased dietary calcium and rest

**62. A pregnant woman develops fever, myalgia and diarrhoea after eating unpasteurised soft cheese. Which fetal complication is most associated with maternal listeriosis?**

- ☐ A Congenital cataracts
- ☐ B Fetal or neonatal infection
- ☐ C Maternal red-cell sensitisation
- ☐ D Neural tube closure defect

**63. During the first examination, a term newborn has a respiratory rate of 68 breaths per minute with grunting and chest retractions. What is the nurse's priority action?**

- ☐ A Observe the newborn again after routine feeding
- ☐ B Place the newborn under a warmer and assess breathing
- ☐ C Give oral glucose water to improve breathing
- ☐ D Delay assessment until the newborn is one hour old

**64. At what times is the Apgar score routinely assessed after birth?**

- ☐ A At 1 and 5 minutes
- ☐ B At 2 and 4 minutes
- ☐ C At 5 and 10 minutes only
- ☐ D At 10 and 15 minutes only

**65. A woman is recovering from laparoscopic treatment for an ovarian condition and reports pain at the shoulder tip. Which explanation should the nurse give?**

- ☐ A Insufflated carbon dioxide can irritate the diaphragm
- ☐ B The symptom proves that a pulmonary embolism has occurred
- ☐ C The pain means that the urinary bladder was perforated
- ☐ D The symptom is caused by excessive postoperative vaginal bleeding

**66. A pregnant woman asks which pelvic structure provides important muscular support for the uterus, bladder and rectum. Which structure should the nurse identify?**

- ☐ A Levator ani muscle group
- ☐ B Pectineal line
- ☐ C Obturator foramen
- ☐ D Iliac crest



### Nursing Pharmacology

6 MCQs

**67. A patient develops wheezing, facial swelling and severe itching shortly after receiving a first dose of an antibiotic. Which action should the nurse take first?**

- ☐ A Offer oral fluids and reassess in 30 minutes
- ☐ B Stop the drug and call for emergency treatment
- ☐ C Document the reaction after completing the medication round
- ☐ D Give the next dose slowly to reduce further symptoms

**68. A child weighs 18 kg and is prescribed a medicine at 30 mg/kg/day in three equal doses. The liquid contains 90 mg in 5 mL. How many millilitres should the nurse give per dose?**

- ☐ A 5 mL
- ☐ B 8 mL
- ☐ C 10 mL
- ☐ D 12 mL

**69. A patient with severe hypofibrinogenaemia requires replacement of fibrinogen. Which blood component is most appropriate?**

- ☐ A Fresh frozen plasma
- ☐ B Packed red blood cells
- ☐ C Cryoprecipitate
- ☐ D Platelet concentrate

**70. Which action describes how apixaban produces its anticoagulant effect?**

- ☐ A It directly inhibits factor Xa
- ☐ B It activates antithrombin to inhibit thrombin
- ☐ C It blocks platelet cyclooxygenase
- ☐ D It prevents vitamin K absorption

**71. Which insulin preparation is classified as long-acting and has a relatively steady effect without a pronounced peak?**

- ☐ A Insulin regular
- ☐ B Insulin NPH
- ☐ C Insulin lispro
- ☐ D Insulin detemir

**72. A nurse receives a prescription for a sustained-release tablet, but the patient cannot swallow it. Which action is safest?**

- ☐ A Contact the prescriber or pharmacist for a suitable alternative form
- ☐ B Crush the tablet and mix it with a small amount of water
- ☐ C Split the tablet and administer both pieces separately
- ☐ D Dissolve the tablet in warm water before giving it



### Paediatric Nursing

4 MCQs

**73. A child has a flame burn involving the front of the chest and upper arm. The clothing is hot but not stuck to the skin, and the child is breathing normally. Which first-aid action is appropriate?**

- ☐ A Remove the hot clothing and cool the burn with clean running water
- ☐ B Apply ice directly to the burn and cover it with cotton wool
- ☐ C Break blisters and apply an antiseptic cream over the burned area
- ☐ D Rub the burned skin firmly to remove soot and loose tissue

**74. A parent gives a child with chickenpox aspirin for fever. Which response by the nurse is most appropriate?**

- ☐ A Stop aspirin and inform the prescriber
- ☐ B Continue aspirin after giving it with food
- ☐ C Replace aspirin with an extra dose of antibiotic
- ☐ D Give aspirin only when the rash becomes painful

**75. A 4-year-old child can hop on one foot but cannot maintain balance while hopping repeatedly. Which interpretation is most appropriate?**

- ☐ A This always indicates severe motor delay
- ☐ B This may be within normal variation for the age
- ☐ C This confirms a neuromuscular disorder
- ☐ D This indicates loss of an acquired skill

**76. Which finding most strongly supports a diagnosis of marasmus in a young child?**

- ☐ A Severe wasting with marked loss of subcutaneous fat
- ☐ B Bilateral pitting oedema with a rounded face
- ☐ C Generalised oedema with fatty liver enlargement
- ☐ D Depigmented hair with a flaky skin rash

**Mental Health Nursing**

4 MCQs

**77. A patient with heavy alcohol use becomes tremulous, sweaty, anxious, and reports seeing insects on the wall. What is the priority nursing action?**

- ☐ A Place the patient in a brightly lit activity room
- ☐ B Institute seizure precautions and notify the provider
- ☐ C Encourage the patient to walk to reduce anxiety
- ☐ D Tell the patient that the visual experiences are imaginary

**78. A patient who has taken a large amount of diazepam is very sleepy but breathing independently. Which intervention is the priority?**

- ☐ A Maintain airway support and monitor breathing
- ☐ B Administer a stimulant drink by mouth
- ☐ C Keep the patient walking to prevent sleep
- ☐ D Give an extra sedative to control anxiety

**79. A patient has hallucinations and delusions only during episodes of severe depression. Which diagnosis is most consistent with this pattern?**

- ☐ A Schizophrenia
- ☐ B Schizoaffective disorder
- ☐ C Major depression with psychotic features
- ☐ D Brief psychotic disorder

**80. Which assessment finding helps the nurse distinguish dementia from delirium?**

- ☐ A Dementia usually begins suddenly after an infection
- ☐ B Dementia usually has a gradual, progressive course
- ☐ C Dementia usually causes fluctuating attention within hours
- ☐ D Dementia usually resolves after the underlying illness is treated

**English**

5 MCQs

**81. Complete the sentence using the grammatically correct word or phrase. Committee \_ issued a report.**

- ☐ A Has
- ☐ B Will have
- ☐ C Will
- ☐ D Have

**82. Ayesha has a luxurious car. She was born with a silver spoon in her mouth. The correct inference from these sentences is:**

- ☐ A Ayesha has become rich.
- ☐ B Ayesha's friends are rich.
- ☐ C Ayesha is a multi- millionaire
- ☐ D Ayesha is born with wealth and luxury.

**83. Which of the following is grammatically correct?**

- ☐ A In the end, they found there money over they're by the ATM.
- ☐ B In the end, they found they're money over their by the ATM.
- ☐ C In the end, they found their money over there by the ATM.
- ☐ D In the end, they found there money over their by the ATM.

**84. Identify the mistake that needs to be corrected. We wished today was sunny so that we could spend the day in the country communicating with nature.**

- ☐ A Was
- ☐ B So that
- ☐ C Could spend
- ☐ D In the country

**85. If you want to succeed, beware \_ the black sheep among you.**

- ☐ A About
- ☐ B Of
- ☐ C By
- ☐ D Under



### General Knowledge

5 MCQs

**86. PBS stands for \_\_\_\_\_?**

- ☐ A Pakistan Bureau of Science
- ☐ B Pakistan Board of Statistics
- ☐ C Pakistan Bureau of Statistics
- ☐ D Pakistan Board of Science

**87. What is stance of NATO about Treaty on Prohibition of Nuclear Weapons?**

- ☐ A Consistent and compatible with Alliance's nuclear deterrence policy
- ☐ B TPNW contributes to the development of customary international law according to aspirations of alliance
- ☐ C TPNW does not change the legal obligations on alliance countries with respect to nuclear weapons
- ☐ D None of the above

**88. Which of the following countries is closest size to Sri Lanka ?**

- ☐ A Qatar
- ☐ B Iceland
- ☐ C Rwandan
- ☐ D Maldives

89. Which country built worlds largest data centre radio telescope \_\_\_\_\_?

- (A) China
- (B) USA
- (C) Russia
- (D) Japan

90. Where was 1951 Asian games held?

- (A) New Delhi, India
- (B) Jakarta, Indonesia
- (C) Tokyo, Japan
- (D) Seoul, South Korea



### Pakistan Studies

4 MCQs

91. Gwadar became part of Pakistan on September 8, \_\_\_\_\_?

- (A) 1949
- (B) 1955
- (C) 1958
- (D) 1972

92. Relics of stone tools found in caves and terraces that date back to Pleistocene period have been discovered in \_\_\_\_\_?

- (A) Sindh
- (B) Punjab
- (C) Balochistan
- (D) None of these

93. In which Constitution of Pakistan Islamabad was confirmed as the capital of the country \_\_\_\_\_?

- (A) 1947
- (B) 1956
- (C) 1962
- (D) 1973

94. Who was the First Muslim Commander in Cheif of Pakisran Navy?

- (A) Admiral Muhammad Siddique
- (B) Admiral Shahid Kareem
- (C) Admiral Karamat Rehman
- (D) Admiral Tariq Mehmood



### Pakistan Current Affairs

3 MCQs

95. Who is the current president of the Pakistan Squash Federation?

- (A) Mujahid Anwar Khan
- (B) Qamar Zaman Khan
- (C) Amir Nawaz
- (D) Sohail Aman

96. What is the purpose of the International Monetary Fund (IMF) mission's visit to Pakistan in February 2025?

- (A) To negotiate a new loan agreement
- (B) To conduct a Governance and Corruption Diagnostic Assessment
- (C) To evaluate Pakistan's economic growth
- (D) To oversee infrastructure projects

97. When the supreme court allowed the federal government to hold polls in Gilgit-Baltistan (GB) under election Act-2017?

- ☐ A 28th April 2020
- ☐ B 30th April 2020
- ☐ C 2nd May 2020
- ☐ D None of these



### Islamic Studies

2 MCQs

98. The Rashidun Caliphate lasted for:\_\_\_\_\_?

- ☐ A 30 years
- ☐ B 40 years
- ☐ C 50 years
- ☐ D 10 years

99. Hazrat Usman Bin \_\_\_\_\_ was the Key holder of Kaaba.

- ☐ A Qasim
- ☐ B Saad
- ☐ C Talha
- ☐ D Asad



### Computer Science and IT

1 MCQs

100. Functional dependencies are a generalization of

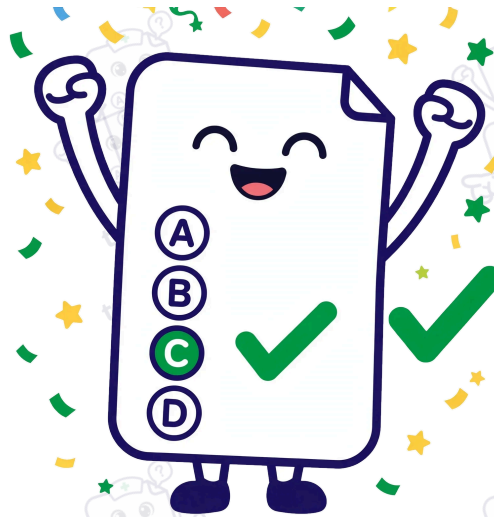
- ☐ A Key dependencies
- ☐ B Relation dependencies
- ☐ C Database dependencies
- ☐ D View

## Answer key

Tap any answer to open its full explanation on TestUstad.

### Model Paper 1

|    |   |    |   |    |   |    |   |    |   |    |   |    |   |    |   |    |   |     |   |
|----|---|----|---|----|---|----|---|----|---|----|---|----|---|----|---|----|---|-----|---|
| 1  | A | 2  | D | 3  | B | 4  | C | 5  | D | 6  | B | 7  | A | 8  | A | 9  | A | 10  | A |
| 11 | B | 12 | B | 13 | A | 14 | A | 15 | A | 16 | A | 17 | B | 18 | A | 19 | A | 20  | B |
| 21 | C | 22 | A | 23 | C | 24 | A | 25 | A | 26 | B | 27 | B | 28 | B | 29 | A | 30  | B |
| 31 | A | 32 | B | 33 | A | 34 | C | 35 | C | 36 | A | 37 | B | 38 | B | 39 | B | 40  | B |
| 41 | C | 42 | B | 43 | B | 44 | C | 45 | B | 46 | C | 47 | B | 48 | A | 49 | A | 50  | C |
| 51 | A | 52 | B | 53 | A | 54 | A | 55 | A | 56 | A | 57 | B | 58 | B | 59 | A | 60  | B |
| 61 | B | 62 | B | 63 | B | 64 | A | 65 | A | 66 | A | 67 | B | 68 | C | 69 | C | 70  | A |
| 71 | D | 72 | A | 73 | A | 74 | A | 75 | B | 76 | A | 77 | B | 78 | A | 79 | C | 80  | B |
| 81 | A | 82 | D | 83 | C | 84 | A | 85 | B | 86 | C | 87 | C | 88 | B | 89 | A | 90  | A |
| 91 | C | 92 | B | 93 | C | 94 | A | 95 | A | 96 | B | 97 | B | 98 | A | 99 | C | 100 | A |



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